

Suggested cross-band repeater simplex frequencies: 70cm

Frequency (MHz)	Use
438.950	National WICEN 70cm simplex frequency
<i>438.975</i>	WICEN Base Operations
439.000	National FM 70cm calling frequency
439.025	WICEN Checkpoint 1
439.050	WICEN Checkpoint 2
439.075	WICEN Checkpoint 3
439.100	National 70cm APRS frequency
439.125	Internet gateway AX.25 frequency
439.150	Internet gateway AX.25 frequency
439.175	WICEN Checkpoint 4
439.200	National digital voice 70cm calling frequency
439.225	WICEN Checkpoint 5
439.250	WICEN Checkpoint 6
439.275	Repeater Outputs (5MHz offset, legacy)
...	
439.775	

~~Do not use for cross-band~~

Use in special cases only

(no decoration) Recommended frequency

Source and credit: Ipswich WICEN